Pain, Mind and Movement IV
an Official Satellite Symposium of the XIV World Congress on Pain
Swiss Association for the Study of Pain
Annual meeting
23rd to 25th August 2012, Nottwil / Lucerne, Switzerland
Dear colleagues,

We are pleased to invite you to our official satellite symposium «Pain, Mind and Movement IV» (PMM IV) of the 14th World Congress on Pain, which will be held on August 23 – 25, 2012, in Nottwil, Switzerland. We are happy to have a joint meeting together with the Swiss Association for the Study of Pain (SASP) and the support of André Ljutow of the Centre for Pain Medicine at Nottwil.

The common goal of PMM IV and the SASP annual meeting will be to advance our understanding of the complex relationships between pain, limited function and participation in daily activities with special focus on physical inactivity or underuse versus physical overuse or overload. The meeting will focus on epidemiology, neurobiological and psychobiological mechanisms, subgrouping of patients and relevance of new treatment strategies. Latest research will be presented from the fields of neurophysiology, genetics, physiotherapy, psychology with a specific input from occupational and sports medicine. Plenary speakers for the symposium are international experts from the US, UK, Netherlands, Belgium, Germany, Switzerland, Australia, Hong Kong and South Africa. A poster session has been designed to foster dialogue and facilitate collaboration and networking opportunities amongst novice and experienced researchers, clinicians and teachers.

The venue is the little village of Nottwil in Switzerland, the home of the Swiss Paraplegic Centre. Nottwil is in the canton of Lucerne in the heart of Switzerland, on the shores of Lake Sempach. The town is a short train ride from Lucerne, the «cultural capital» of Switzerland, and only 4 hours ride from Milan.
Swiss Association for the Study of Pain
Annual meeting

Preliminary Program

Thursday, 23rd August

■ Introduction/Welcome
   C. Cedraschi, W. Schleinzer

■ Overuse, Underuse and Disuse
   • Activity resumption in an occupation-based rehabilitation program
     M. Nordin
   • Role of cognitive-behavioral therapy and graded activity exercise in interdisciplinary rehabilitation
     R. Brioschi
   • Rehabilitation program in low back pain patients – the evidence in 2012
     S. Genevay
   • Opioids in chronic pain patients
     V. Piguet
   • Pregabalin in chronic pain patients
     S. Brockmüller

■ General assembly SASP

■ Get Together in the Swiss Paraplegic Centre, all delegates of the joint meeting are welcome

Invited Speakers

• Roberto Brioschi
  Zurzacher Interdiszipl. Schmerzprogramm, RehaClinic, Zurzach, Switzerland

• Sven Brockmüller
  Swiss Paraplegic Centre, Centre for Pain Medicine, Nottwil/Lucerne, Switzerland

• Christine Cedraschi
  Division of General Medical Rehabilitation, Geneva University Hospitals, Switzerland

• Stéphane Genevay
  Division of Rheumatology, Geneva University Hospitals, Switzerland

• Margareta Nordin
  Director of the Occupational and Industrial Orthopaedic Center, New York University

• Valérie Piguet
  Multidisciplinary Pain Centre, Division of Clinical Pharmacology and Toxicology, Geneva University Hospitals, Switzerland

Scientific Committee

• Christine Cedraschi
• Andrea Macak
• Marie Besson
• Konrad Maurer
• Frederico Balagué

Poster abstracts for the joint meeting will be accepted until May, 20th, 2012.
To view the call for abstracts visite our websites at:
Preliminary Program

Friday, 24th August

- **Opening Remarks**
  M. Lundberg, M.I. Hasenbring, A. Ljutow
- **Physical activity, pain and disability: impact from epidemiology, occupational and sports medicine**
  - Physical activity and disability in LBP: a review
    C. Lin, Australia
  - Work load as a risk factor for MSD
    S. Yeung, Hong Kong
  - Overtraining vs. leisure time activity in sports medicine
    B. Fullen, Ireland
- **Neurobiomechanical aspects of physical overuse vs. underuse**
  - Moving differently in chronic pain: a new theory to explain the adaptation
    P. Hodges, Australia
  - Body posture or posture control in back pain patients
    A. Ljutow, Switzerland
- **Neurobiological and genetic mechanisms of pain processing**
  - Central nervous processing of nociceptive input from the low back soft tissue
    S. Mense, Germany
  - Genetic architecture and the risk of chronic pain
    L. Diatchenko, United States
- **Multidisciplinary Pain Forum**
- **Poster Prizes**
- **Conference-Dinner in Lucerne**

Saturday, 25th August

- **Psychosocial aspects of overuse versus underuse**
  - Pain persistence and avoidance in the light of new theories
    H. Kindermanns, Netherlands
  - Coping and attention to pain from a self-regulation perspective
    S. Van Damme, Belgium
  - Impact of cognitive functions on physical function and sleep
    B. Fullen, Ireland
- **Subgroups in musculoskeletal pain for individually targeting therapy**
  - Differences in activity-related behavior in CLBP
    I. Huijnen, Netherlands
  - Psychological subgroups in musculoskeletal pain
    A. Rusu, Germany
- **The need for new treatment options in musculoskeletal pain**
  - Pain, Mind, and Movement: Challenging and changing minds, behaviors, and systems
    M. Simmonds, USA
  - Effective reassurance in primary care
    T. Pincus, United Kingdom
  - Graded balance: avoidance-endurance based cognitive-behavioral interventions in back pain
    M.I. Hasenbring, Germany
Invited Speakers

• **Luda Diatchenko**  
  Carolina Center of Genomic Sciences,  
  Univ. of North Carolina at Chapel Hill, USA

• **Brona Fullen**  
  School of Public Health, Physiotherapy and Popula­tion Sciences, University College of Dublin, Ireland

• **Monika I. Hasenbring**  
  Dept. of Medical Psychology and Sociology,  
  Ruhr-University of Bochum, Germany

• **Paul Hodges**  
  School of Health and Rehabilitation Sciences, Center  
  for Clinical Research in Spinal Pain, Injury and  
  Health, University of Queensland, Brisbane, Australia

• **Ivan Huijnen**  
  Department of Rehabilitation Medicine, Research  
  School CAPHRI, Maastricht University, Maastricht,  
  Netherlands

• **Hanne Kindermanns**  
  Departement of Rehabilitation Medicine, Research  
  School CAPHRI, Maastricht University, Maastricht,  
  Netherlands

• **Christine C.W. Lin**  
  George Institute for Global Health and Sydney  
  Medical School, University of Sydney, Australia

• **André Ljutow**  
  Swiss Paraplegic Centre, Centre for Pain Medicine,  
  Nottwil/Lucerne, Switzerland

• **Mari Lundberg**  
  Karolinska Institutet, University of  
  Gothenburg/Emoveo, Sweden

• **Siegfried Mense**  
  Dept. of Neuroanatomy, Mannheim Faculty CBTM,  
  Heidelberg University, Germany

• **Tamar Pincus**  
  Dept. of Psychology, Royal Holloway, University  
  of London, United Kingdom

• **Adina C. Rusu**  
  Dept. of Medical Psychology and Sociology,  
  Ruhr-University of Bochum, Germany

• **Maureen Simmonds**  
  AT Still Research Institute, University of Texas,  
  Health Science Center, San Antonio, USA

• **Stefaan Van Damme**  
  Dept. of Experimental, Clinical and Health  
  Psychology, University of Ghent, Belgium

• **Simon Yeung**  
  Dept. of Rehabilitation Sciences, Hong Kong  
  Polytechnic University, Hong Kong

Scientific Committee

• Monika Hasenbring, Germany (Chair)
• Brona Fullen, Ireland
• Paul Hodges, Australia
• Maureen Simmonds, USA
• Rob Smeets, Netherlands
• Takahiro Ushida, Japan
• Stefaan Van Damme, Belgium

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Registration fees and general Information

<table>
<thead>
<tr>
<th>Category</th>
<th>Early Bird: June 30</th>
<th>From July 01</th>
<th>On-Site</th>
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</thead>
<tbody>
<tr>
<td><strong>Whole Congress</strong></td>
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<td>Members SASP / SIG PM</td>
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<td><strong>SIG PM Symposium</strong></td>
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<td>CHF 150.–</td>
<td>CHF 170.–</td>
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<td>Members SASP / SIG PM</td>
<td>CHF 110.–</td>
<td>CHF 130.–</td>
<td>CHF 150.–</td>
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On-Site Price + CHF 20.–

Registration fee includes: Admission to session, in-house exhibitions, free coffee, drinks and snacks during breaks, aperitif/Get Together-dinner on Thursday, lunch on Friday.

**Accommodation**
The GZI Seminar and Conference Hotel right next to the event site offers 50 hotel rooms with up-to-date comfort. The adjacent Seminarhotel Sempachersee has 100 rooms. In Lucerne, 25 km east of Nottwil, you’ll find more hotels in various categories. There are ample shopping facilities, restaurants, museums, etc.

For inquiries and bookings please refer to:
GZI Seminar and Conference Hotel Nottwil
T +41-41-939 60 00, www.kongresshotel-gzi.ch

Seminarhotel Sempachersee, Nottwil

Lucerne Tourist Board, T +41-41-227 17 17
www.luzern.com

Online Registration: www.pain-nottwil.ch
All registration fees are payable in CHF. To view the current foreign exchange rates, visit www.xe.com.

An invoice in PDF format will be sent upon completion of the online registration form.
The Swiss Paraplegic Centre (SPZ) and Guido A. Zäch Institute (GZI) in Nottwil are easily reached from all directions, whether by private or public transport. Detailed plan of clinic area on homepage: www.pain-nottwil.ch

By train and bus
Nottwil station is served every 30 minutes by trains from all Swiss airports like Zurich, Geneva, Basle and Berne. You’ll have direct trains up to Sursee or Lucerne. Only from Zurich you’ll have to change in Olten.

From Sursee you can reach the SPZ and GZI by bus (No 62) or from Lucerne you’ll take the regional train S18 (Luzern–Sursee). When reaching Nottwil station (wheelchair-compatible) it is a ten minutes walk away up to the Centre.

By car
Nottwil is just off the A2 motorway (Basle–Lucerne). Take the Sursee exit and follow the signposts to SPZ and GZI. There is a parking garage for 520 cars (not free of charge).