

### Current position

Research assistant, Department of Medical Psychology and Medical Sociology, Faculty of Medicine, Ruhr University Bochum

Research assistant, Orthopaedics and Accident Surgery, St. Josef Hospital Bochum

### University education

1994-2001 Study of Sports Science, Sociology, Business and Social Psychology, Georg-August-University Göttingen

1997-1998 Study of Sports Science Heriot Watt University Edinburgh, Scotland

### Scientific degrees

2001 Master of Arts (M.A.), Georg-August-University Göttingen

2020 Doctor of Sports Science (Ph.D.), Ruhr University Bochum

### Professional experience

2003-2009 Lecturer, Institute of Medical Psychology and Medical Sociology and Institute of Sport Science, Georg-August-University Göttingen

2006-present Coach and speaker in self-deployment

2007-2013 Lecturer, Department of Medical Psychology and Medical Sociology, Ruhr University Bochum

2011-present Research Assistant, Department of Medical Psychology and Medical Sociology, Ruhr University Bochum

2019-present Research Assistant, Orthopaedics and Accident Surgery, St. Josef Hospital, Bochum

### Funding

2020-2021 Research Funding Ruhr University, Faculty of Medicine (FoRUM)

### Selected publications

**Levenig CG**, Kellmann M, Kleinert J, Belz J, Hesselmann T, Heidari J, Hasenbring MI (2020). Body image in athletes and nonathletes with low back pain: Avoidance-Endurance-related subgroups and sports status play a role. *J Sport Rehabil.* 25: 1-8.

Maurer A, Deckert S, **Levenig C**, Schörkmaier T, Stangier C, Attenberger U, Hasenbring M, Boecker H (2020). Body image relates to exercise-induced antinociception and mood changes in young adults: a randomized longitudinal exercise intervention. *Int J Environ Res Public Health.* 17: 6801.

Gajsar H, Titze C, **Levenig C**, Kellmann M, Heidari J, Kleinert J, Rusu AC, Hasenbring MI (2019). Psychological pain responses in athletes and non-athletes with low back pain: Avoidance and endurance matter. *Eur J Pain.* 23: 1649-1662.

Konietzny K, Chehadi O, **Levenig C**, Kellmann M, Kleinert J, Mierswa T, Hasenbring MI (2019). Depression and suicidal ideation in high-performance athletes suffering from low back pain: The role of stress and pain-related thought suppression. *Eur J Pain.* 23: 1196-1208.

- Levenig CG**, Kellmann M, Kleinert J, Belz J, Hesselmann T, Hasenbring MI (2019). Body image is more negative in patients with chronic low back pain than in patients with subacute low back pain and healthy controls. *Scand J Pain*. 19: 147-156.
- Belz J, Heidari J, **Levenig C**, Hasenbring M, Kellmann M, Kleinert J (2018). Stress and risk for depression in competitive athletes suffering from back pain – do age and gender matter? *Eur J Sport Sci*. 18: 1029-1037.
- Hasenbring MI, **Levenig C**, Hallner D, Puschmann AK, Weiffen A, Kleinert J, ... Wippert PM (2018). Psychosoziale Risikofaktoren für chronischen Rückenschmerz in der Allgemeingesellschaft und im Leistungssport. Von der Modellbildung zum klinischen Screening – ein Review aus dem MiSpEx-Netzwerk. *Schmerz*. 32: 259-273.
- Heidari J, Mierswa T, Hasenbring M, Kleinert J, **Levenig C**, Belz J., Kellmann M (2018). Recovery-stress pattern and low back pain: Differences in pain intensity and disability. *Musculoskeletal Care*. 16: 18-25.
- Heidari J, Belz J, Hasenbring M, Kleinert J, **Levenig C**, Kellmann M (2017). Examining the presence of back pain in competitive athletes: A focus on stress and recovery. *J Sport Rehabil*. 15: 1-26.
- Kleinert J, Ott I, Mierswa T, **Levenig CG**, Wenge K, Hasenbring M, Kellmann M (2017). Exercise motivation and nonspecific back pain: a comparison of patients and nonpatients. *Rehabil Psychol*. 62: 363-373.
- Heidari J, Mierswa T, Kleinert J, Ott I, **Levenig C**, Hasenbring M, Kellmann M (2016). Parameters of low back pain chronicity among athletes: Associations with physical and mental stress. *Physical Ther Sport*. 21: 31-37.
- Levenig CG**, Hasenbring MI, Kleinert J (2016). Körperbild und Rückenschmerz. *Schmerz*. 30: 437-443.